



Wellbeing matters

For 7 to 11 year olds

A one-day workshop during the summer holidays for primary-aged young people

Topics will include your wellbeing, emotions, self-esteem, resilience, and relationships with others

Spaces are limited, secure your place now!

Scan/press the QR code to secure your place or for more information

If you need help completing the form or to register your interest email

familyhubgroups@buckinghamshire.gov.uk or call 01296 383293

SCAN ME



Newtown Family Centre Plus

Monday
5 August 2024
10am to 4:30pm



Berryfields Family Centre

Tuesday
20 August 2024
10am to 4:30pm



Hampden Way Family Centre

Thursday
22 August 2024
10am to 4:30pm